



MENTAL HEALTH in Emerging Adulthood

National Early Career Researcher Conference

Welcome to this one-day conference exploring key themes related to *mental health* in adolescence and early adulthood, *transitions* and changes in identity, education, career, and lifestyle, *engagement* with community and participatory research, and *career development* for ECRs

September 23, 2024

Worcester College

University of Oxford



Conference Information

nurtureuniversity.co.uk/conferences

Questions or Comments

kevin.matlock@psych.ox.ac.uk



Registration at 10:00 | Conference 10:30 to 17:00

Venue

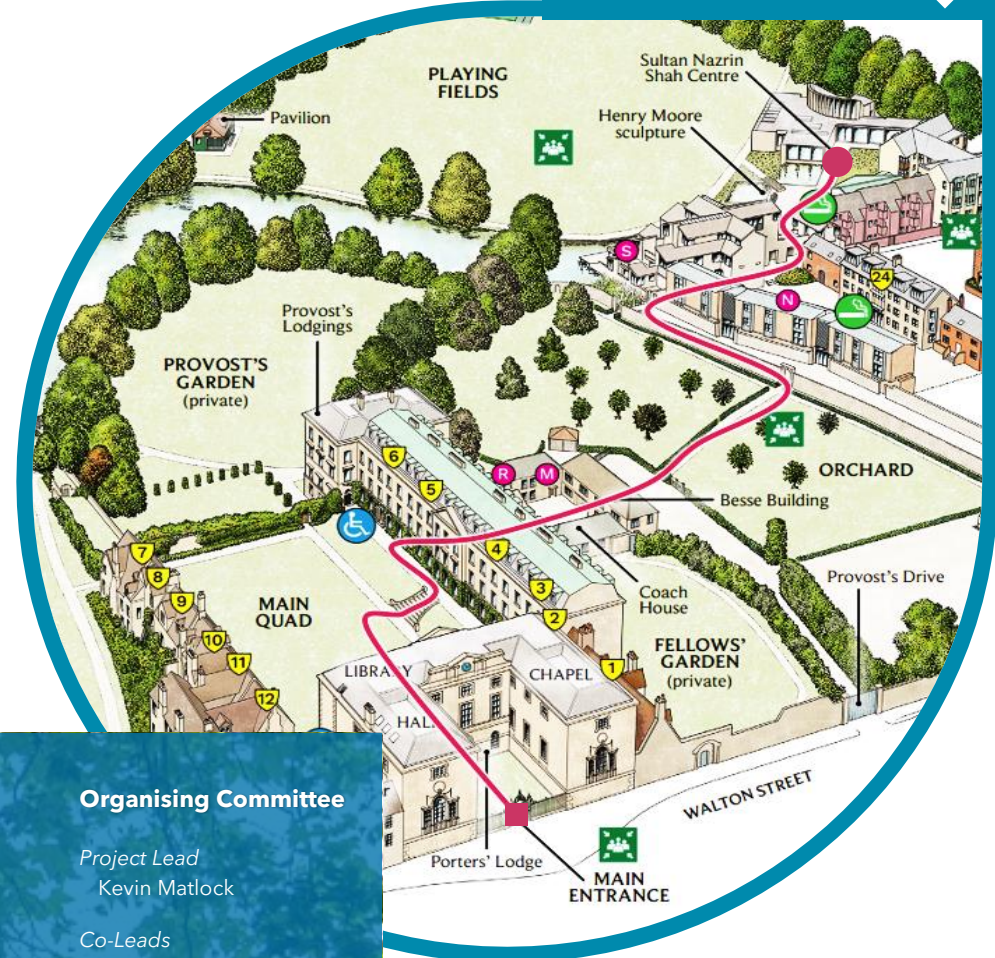
SNSC

(Sultan Nazrin Shah Centre)
Walton St, Oxford OX1 2HB



Sky Wi-Fi Cloud (General)
Eduroam (University SSO)

Map



Organising Committee

Project Lead
Kevin Matlock

Co-Leads
Alanis Whitmore
Ellen Marshall
Jemima Dooley
Lexy Newbold
Lucy Dorey
Polly Card



@NurtureUni
@DrKevinMatlock



nurtureuniversity.co.uk
kevinmatlock.com

Conference Itinerary



Livestream

tinyurl.com/yc3944tf

MENTAL HEALTH in
Emerging Adulthood

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Time Main Conference Auditorium

- 10:00 Foyer: Registration, Coffee, Networking
- 10:30 **Opening Remarks**
Kevin Matlock & Joanna Bowd
- 10:45 **Morning Presentation**
Emerging Adulthood and the Nurture-U Project
Jemima Dooley & Ellen Marshall
- 11:00 **Senior Keynote**
Trends in Mental Health in Youth & Why We Need to Reconsider Our Treatments
Argyris Stringaris
- 11:30 Foyer: Coffee Break
- 11:45 **Flash Talks on Findings from Participatory Research**
(1) Lauren Low (2) Harsimran Sansoy (3) Sarah Robertson
(4) Tanya Manchanda (5) Abigail Thomson
- 12:45 Foyer: Lunch, Poster Viewing (Attended 13:20)
- 13:45 **Junior Keynote**
Creative Arts Therapies as 'Culturally Competent' Therapeutic Solutions for Black British Youth with Common Mental Disorders: The BLACK-ARTS Study
Briana Applewhite
- 14:15 **Discussion Panel**
Personal and Professional Reflections about Emerging Adulthood
Tiegan Boyens, Mari Evans, Ellie Horton, & Sarah Robertson
- 14:45 **Afternoon Presentation**
Decolonising Personal and Student Mental Health and Wellbeing in Higher Education
Fatmata Daramy
- 15:15 Foyer: Networking Break
- 15:30 **Flash Talks on Key Aspects of Mental Health**
(1) Lexy Newbold (2) Zoë Firth (3) Hannah Slack
(4) Zsófia Szlamka (5) Charlotte Love
- 16:30 **Poster Awards and Closing Remarks**
- 16:45 Foyer: Informal Networking

Time Quiet Room

- All Day **A Place to Get Away**
Tranquil space open all day to anyone who needs it
(includes live feed of auditorium so you don't miss out)



Time Seminar Room

- 11:45 **Career Workshop**
Fellowships In Academic Research for Early Career Researchers
Valerie West

OR



Race & Ethnicity Glossary (RNERUPI, 2023)



tinyurl.com/3wsdjt7

OR



- 14:15 **Skills Workshop**
SOCITS Approach: A Peer Researcher Centred Approach to Investigating Adolescent Mental Health in Schools
Nadia Ncube

OR



- 15:30 **Facilitated Discussions**
Participatory Research Using Film: Short Films on Compassion
Polly Card
- Diversity in Patient Public Involvement (PPI) in Mental Health Research
Alex Lloyd & Mya Richards

Conference Ends at 17:00 | Walking Tour of Oxford 17:00 to 17:45

